

PARENT EDUCATION

City of Sunnyvale Youth, Family & Child Care Resources (408) 523-8150
Provides parent education classes and child care provider workshops

Parents Helping Parents..... (408) 727-5775
Empowering families and communities to meet children’s special needs

Parents Place (650) 688-3035
Parenting education and workshops, special needs resources, family counseling and referrals to resources

YWCA Santa Clara Valley Parent Education Program (408) 295-4011
Classes for parents of toddlers through teens

PUBLIC SAFETY

Non-emergency Numbers

California Highway Patrol (408) 467-5400

City of Sunnyvale Public Safety (408) 730-7100

Santa Clara County Sheriff (408) 808-4400
24-HOUR non-emergency dispatch lines (408) 299-2311

Gang Intervention/Prevention

MACSA..... (408) 928-5820
2254 Alum Rock, San Jose
Provides gang intervention and mentoring services for ages 10–21

Washington United Youth Center Catholic Charities of Santa Clara County (408) 938-6731
921 S. First Street, San Jose
Individual and family support, gang intervention, mediation and crisis response

Neighborhoods

City of Sunnyvale Neighborhood and Community Resources (408) 730-7599
Resident and neighborhood association support

City of Sunnyvale Neighborhood Preservation Program..... (408) 730-7610
Information about city ordinances, codes and regulations

Sunnyvale Neighborhoods Actively Prepare (SNAP) (408) 730-7190
City of Sunnyvale Public Safety
Office of Emergency Services

SENIOR ADULT SERVICES

Sunnyvale Community Services (408) 738-4321
See listing under FOOD & HOUSING

Sunnyvale Nutrition Site (408) 739-0833
535 Old San Francisco Rd, Sunnyvale
Provides nutritional meals to seniors 60+

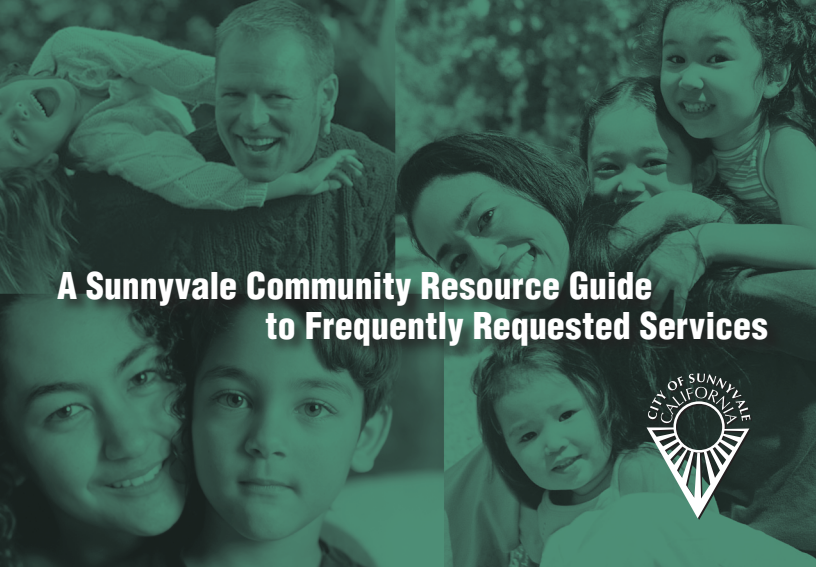
Sunnyvale Senior Center..... (408) 730-7360
550 E. Remington Drive, Sunnyvale
Mon – Fri, 9 a.m. – 5:00 p.m.
Activities, services and lunch for adults 50 and older

TRANSPORTATION

SamTrans & Caltrain (800) 660-4287
Commuter rail between San Francisco, San Mateo and Santa Clara counties

Outreach Paratransit Service (408) 436-2865
Low-cost paratransit for senior adults and people with disabilities

Santa Clara Valley Transportation Authority (VTA) (408) 321-2300
Bus and light rail service within Santa Clara County



A Sunnyvale Community Resource Guide to Frequently Requested Services

CHILD CARE

City of Sunnyvale Youth, Family and Child Care Resources (408) 523-8150
785 Morse Ave., Sunnyvale
Information and referral for parents and child care providers

Community Child Care Council of Santa Clara County, Inc. (4 C’s) (408) 487-0749
2515 N. First Street, San Jose
Resource and referral, childcare payment assistance, food subsidy payments to child care providers

Community Child Care Licensing..... (408) 324-2148
2580 N. First Street, Suite 300, San Jose
Issues state licenses and monitors Family Child Care Homes and Child Care Centers, answers questions from parents.

Foster/Adoptive Care

Help One Child..... (888) KID-HOPE
858 University Ave., Los Altos
Free support and resources for foster, foster-adopt and kinship care

Santa Clara Co. Social Services..... (408) 299-KIDS (5437)
Department of Family & Children’s Services
333 W Julian St., San Jose
Foster parent services and recruitment

COUNSELING/MENTAL HEALTH

Columbia Neighborhood Center (408) 523-8150
785 Morse Ave., Sunnyvale
Affordable, sliding fee scale for counseling. Please call for an appointment.

Fair Oaks Mental Health (408) 992-4800
660 S. Fairoaks Ave., Sunnyvale

JFK University Community Counseling Center (408) 524-4900
572 Dunholme Way, Sunnyvale
Affordable, sliding fee scale for counseling. Please call for an appointment.

YWCA Counseling Services (408) 295-4011 ext. 259
375 S. 3rd St, San Jose
Affordable Individual and family counseling. Based on household income.

DOMESTIC VIOLENCE/ CHILD ABUSE

Advocate in District Attorney’s Office..... (408) 792-2546

Asian Women’s Home (408) 975-2739
2400 Moorpark Ave., Suite 300, San Jose
Emergency shelter, food, clothing. 24-hour crisis hotline.

Child Protective Services (408) 299-2071
Santa Clara County Child Abuse Reporting Hotline

Support Network for Battered Women..... (800) 572-2782
1257 Tasman Drive, Suite C, Sunnyvale
Counseling, shelter and children’s services for victims of domestic violence. Toll free 24-hour crisis line

DRUGS & ALCOHOL

Center for Substance Abuse Treatment (800) 662-HELP (4357)
U.S. Department of Health and Human Services

Al-Anon/Alateen..... (408) 379-1051
*Support for relatives and friends of alcoholics
Taped meeting information*

Alcoholics Anonymous – Santa Clara County Central Office (408) 374-8511
24-hour help line

Narcotics Anonymous (408) 998-4200
Hotline for meeting times and locations

EMERGENCY RESPONSE

Police • Fire • Ambulance.....911

EMPLOYMENT

NOVA (408) 730-7232
505 W Olive Ave., Ste. 550, Sunnyvale
No-cost professional employment and training agency for adults 18 and older

NOVA Youth (no cost; ages 14 - 24) (408) 730-7640
505 W. Olive Ave. Ste 550, Sunnyvale

Proven People (408) 730-7368
550 E. Remington Drive, Sunnyvale
Job finding for adults 50+

FOOD AND HOUSING

Emergency Shelters

24-Hour Shelter Hotline (800) 774-3583

Bill Wilson Center (Youth ages 11 – 17)..... (408) 243-0222
Emergency shelter, food, clothing

Emergency Housing Consortium (EHC)
LifeBuilders..... (408) 294-2100
2011 Little Orchard St., San Jose
Emergency shelter for individuals and families.

Food

California Women, Infants and Children (WIC)
Supplemental Nutrition Program (888) 942-9675
Health and nutrition program for low income pregnant women and their children under age five

Our Daily Bread..... (408) 736-4108
St. Thomas Episcopal Church – 231 S. Sunset Ave., Sunnyvale
Mon, Wed, Fri 11:00 a.m. – 12:30 p.m.
Free hot lunch; open to all
Social Services available Monday, Wednesday, and Friday
11:00 a.m. – 1:00 p.m.

Salvation Army (408) 720-0420
Emergency food, clothing, financial assistance, drug/alcohol treatment

Second Harvest Food Bank of Santa Clara County (800) 984-3663
Free food for low-income individuals

Sunnyvale Community Services (408) 738-4321
725 Kifer Road, Sunnyvale
Mon – Fri, 9 – 11:30 a.m.; 1 – 4:30 p.m.
Financial assistance, food, human services referral

Sunnyvale FISH (408) 245-9109
1112 S. Bernardo Avenue, Sunnyvale
Emergency food, clothing and other household and personal needs

Housing

Catholic Charities of Santa Clara County (408) 468-0100
2625 Zanker Road., Ste. 200, San Jose
Shared housing, affordable housing, employment assistance, counseling. By appointment only

Mid-Peninsula Housing Coalition (650) 356-2900
Assisted rental housing for low- and moderate-income families, seniors, single adults and persons with special needs

HEALTH CARE AND WELLNESS

Alzheimer’s Association Family Help Line (800) 660-1993

Camino Medical Group Urgent Care Clinic (650) 934-7800
701 E. El Camino Real, 2nd Floor, Mtn. View
Walk-in urgent care services

Children’s Health Initiative (888) 244-5222
Provides enrollment assistance for children’s health insurance programs and services

Dental Care Mobile (408) 808-6102
No cost or low cost dental services for adults and children

Mayview Clinic at Columbia Neighborhood Center (408) 746-0455
785 Morse Ave., Sunnyvale
Affordable, sliding scale fee for health services for children and families

El Camino Hospital (800) 216-5556
2500 Grant Road., Mtn. View
24-hour health line

Planned Parenthood (408) 739-5151
604 E. Evelyn Ave., Sunnyvale
Reproductive and general health care services

RotaCare Free Clinic (650) 988-8200
Park Pavillion (YMCA back entrance), 2400 Grant Rd., Mtn. View
Free health services; insurance not required

Valley Health Center at Fair Oaks..... (888) 334-1000
660 S. Fair Oaks Ave., Sunnyvale
By appointment only

Children/Teens

City of Sunnyvale Department of Community Services (408) 730-7350
Fee-based recreation activities for all ages. Fee waivers available for qualified youth ages 17 and younger.

Lucile Packard Children’s Hospital HealthVan..... (650) 736-7172
Free pediatric services for children who do not have medical insurance or Medi-Cal

Lucile Packard Children’s Hospital Teen Health Line (888) 711-TEEN (8336)
Nurses available to take calls seven days a week, 7 a.m. - 11 p.m.
Toll free line for immediate answers to health-related questions; entirely confidential

INFORMATION AND REFERRAL

Parent Information & Referral Center (800) 690-2282
Lucile Packard Children’s Hospital
Pediatric nurses available to answer questions about children’s health 7 a.m. – 11 p.m., seven days a week

Sunnyvale Library (408) 730-7300
655 W. Olive Ave., Sunnyvale
Mon – Thu 10 a.m. – 9 p.m.; Fri – Sat 10 a.m. – 6 p.m.; Sun noon – 6 p.m.

211 of Santa Clara County.....211
Information and referral to a full range of free health, community disaster services and human services information

HELP LINES

“24-7 Line” Youth in Crisis Hotline (888) 247-7717
Santa Clara County

AIDS Hotline (800) 342-2437
National Center for Disease Control
Spanish information Available

Anti-Hate Hotline (408) 279-0111
CONTACT Cares
For discrimination reporting

California Youth Crisis Line (800) 843-5200
California Child Youth and Family Coalition

Gay, Lesbian, Bisexual, and Transgender (GLBT) National Youth Hotline (800) 246-PRIDE (7743)
Youth services, peer counseling and local resources
Mon – Fri 5:00 p.m. – 9:00 p.m.

National Center for Missing and Exploited Children (800) 843-5678

National Runaway Hotline (800) RUN-AWAY (786-2929)
US Department of Health & Human Services

Rape Crisis Hotline (408) 287-3000
YWCA Rape Crisis Center
24-hour hotline

Suicide and Crisis Services of Santa Clara County (408) 279-3312
24-hour phone counseling. Multilingual counselors available to provide emotional support and crisis intervention to persons in life threatening situation.

HOSPICE CARE

Pathways Home Health and Hospice (888) 755-7855
585 N. Mary Ave., Sunnyvale

Hospice of the Valley (408) 559-5600
4850 Union Avenue, San Jose

LEGAL ASSISTANCE & MEDIATION

California Center for Law & the Deaf (CalCLAD)..... (877) DEAFLAW (332-3529)
Legal rights info for deaf and hard of hearing

Katherine & George Community Law Center (408) 288-7030
1030 The Alameda, San Jose
Free legal services for low-income individuals; employment, workers’ compensation, consumer and immigration

Project Sentinel..... (408) 720-9888
298 S. Sunnyvale Avenue, Suite 209, Sunnyvale
Information, counseling and mediation: landlord-tenant, neighbor disputes, mobile home, First- time homebuyer, HUD mortgage

Santa Clara County Superior Court (650) 462-3800
Small Claims Division
270 Grant St., Palo Alto